

## *From the Principal*

Dear parents, teachers and students  
We are entering into our last week of term and we are all anticipating the holiday break. This year we will celebrate Easter just before we return for term 2, hence the public holidays for Easter and Anzac Day surrounding that week. School resumes on Wednesday 27th April for both students and staff.

We have had a very busy term and teachers have offered our students many opportunities to extend their skills and to broaden their experiences. From leadership days, camps and retreats, numerous sporting activities and other competitions there was rarely a day when there wasn't a scheduled activity on our calendar. We have received positive feedback from parents through the Learner Advisor meetings in terms of student motivation and focus and I would particularly like to acknowledge the care that our teachers display on a daily basis to our students. Your daughters and sons relationship with their LA and teachers makes all the difference to their day and their learning.

### AMSA CARNIVAL

On Sunday we farewelled our Basketball girls and boys teams as they headed off to compete in Newcastle for the annual AMSA basketball competition. Ms Karen Joyce, Mr Ross Sizeland and Ms Jaimee Salleh are accompanying our students. You will remember that we were hosts last year and our teams competed very well against other Marist schools. The girls finished second to Catholic College Sale and the boys third after defeating St Joseph's Hunter Hill (Sydney). We know that they will enter into the Marist spirit of competition and enjoy the experience and the hospitality that will be extended to them, and while it will be a proud moment to come home with the trophies we hope that the students bring home memories, good experiences and friendship from our extensive Marist network.

### DEBUTANTE BALLS

We wish our Year 11 debutantes, their parents and their families well for this much anticipated event. These will be held during the last Friday and Saturday nights of term 1 at Kernot Hall and I take this opportunity to thank the dedicated work of the Deb Committee who works hard to ensure that the evenings are well prepared and organised.

### STAFF NEWS

You will remember that Mr Marco DiCesare will be Acting Principal for the duration of term 2 and Ms Lee McKenzie Acting Campus Director of Kildare. I wish them all the best in their new roles and thank them for their generosity in accepting these new positions. We welcome new and returning members of staff to our community in Term 2:

### ST PAUL'S

Mr John de Souza-Daw – Humanities  
Ms Liz Krutli – Science and Mathematics  
Mrs Ellen Fredrickson – Technology Materials (food)  
Mr Dwayne Tibbals (Sports and Camp co-ordinator)

### KILDARE

Mr Ernie Rijs – Humanities and RE  
Mr Sunil Nand – Geography and RE  
**RETURNING FROM LONG SERVICE LEAVE**  
Mr Mark Judd & Mr Bill Eagle

We congratulate Ms Emma O'Brien, Ms Kim Stewart, Ms Alex James and Mr deSouza-Daw on their imminent wedding over the holidays.

Also to Mrs Carmel Walker, Mrs Eva Amezquita and Mrs Nikki Schroeter who will be on Maternity leave starting term 2.

Mr Dan Prigg and Mr Steve Erdely who will be on LSL in term 2. May each in their way find this time personally rewarding and renewing.

### EDUCATION TRAINEE

You will see advertised in this newsletter a vacancy for a trainee in the area of Certificate III in Educational Support. The position is suited to a young adult who has recently completed Year 12 and has some life or sport experience beyond school. Further information can be sought by contacting my Personal Assistant, Ms Hayley Casagrande. I take this opportunity to wish you all a joyful Easter and a safe and happy term 1 holiday.

Yours faithfully



Erica Pegorer  
Principal

*Out of his infinite glory,  
may he give you the power  
through his Spirit for your  
hidden self to grow strong,  
so that Christ may live in  
your heart through faith...*

*Ephesians 3: 16*

God of my potential,  
you show such patience  
towards me.

I seem to inch  
forward  
only to tumble back  
further from where I  
started.

Despite my constant  
failures to live up to  
my own  
expectations of  
myself

I sense you at work  
within me, on my  
secret self -  
that hidden part of  
me where you dwell  
in the moment... and  
make me holy.

# WHY DO WE CALL OURSELVES A MARIST SCHOOL?

By Lee McKenzie, Director of Creative Strategic Planning

The historical facts are that the current Lavalla Catholic College grew out of three religious charisms:

1. Brigidine
2. Presentation
3. Marist

The Presentation sisters founded Presentation College for girls in Moe in 1951, The Marist Fathers established a College for boys in 1956 and the Brigidine sisters established Kildare college for girls in 1960. All three schools developed over time and became subject to new innovations in education e.g. co-education and senior campuses. Catholic Regional College Traralgon which was a combination of St Paul's College, Kildare College and Lourdes College, amalgamated with Presentation Regional College in 2001 to form Lavalla Catholic College. Over time the women and men who are willing to commit to religious life have become fewer and fewer. Congregations like the Presentation and Brigidine Sisters and the Marist Brothers have become smaller and the members older, it is not possible for schools to be staffed solely by religious. Eventually the nuns withdrew and the governance of Lavalla Catholic College has been left in the hands of the Marist Brothers. Although there are no Brothers present at the College on a daily basis, the Marist are still involved in the administration and governance of the College. Any significant appointments at the College e.g. Principal, have to be approved by the Brothers, the bishop and the Director of Catholic Education.



them about God's love.

His work is summarised in the 5 Marist Pillars

1. Love of work
2. In the way of Mary
3. Family spirit
4. Simplicity
5. Modesty

Our College leaders attend leadership training sessions with students from other school to ensure they understand the wider Marist net work. Our athletes are well aware of the Marist family as they compete in the Marist, netball, basketball or cricket carnivals.

Like most contemporary Australian catholic schools we act out of hope, offering our students an alternative way of being in the world, a view that is less about "what can I get?" and more about "what can I give?" As a Marist school community we seek to live out and instil values in our students that are common to all Marist schools but uniquely discerned for our time and location. So in our College you won't find brothers any more but you will certainly know that they have been here. Hopefully you will see evidence of the charism through the names of our buildings and awards, in the icons through the college, in our documents but more importantly in the way we interact with our students and in our attempts to continue to discern and live out Marcellin's vision.



Greetings from Presentation Campus!

Were you aware that 1 in 4 people are bullied, or that bullying could come in the form of physical, verbal, psychological or cyber bullying? Bullying effects not only the victim, but also their family, friends, the school and even those linked to the bully. Often a bully has been bullied themselves in some way by someone else. Regularly within the media we hear or see something relating to bullying and it is a concern to society as a whole. On Friday 18th March, the first annual National Day of Action Against Bullying and Violence was launched and many schools around Australia participated. Presentation Campus was one school that took up the call to be involved. Students on the campus learnt more about what constitutes bullying, types of bullying and what can be done when someone is being bullied. Students heard from the police, counsellor and took part in a role-play and debriefing performed by senior students from Kildare Campus. As this was the launch, students worked with Grade 4, 5 & 6 students from St Kieran's Primary School, creating stickers, magnets, posters and puzzles, indicating that bullying was not acceptable. Students also had the opportunity to be involved in making story books for Primary Schools relating to not bullying and designing billboards to make others aware of being a proactive bystander rather than just standing by when they are aware of bullying occurring. The day was enjoyed by staff and students alike, and allowed everyone the opportunity to stand up and state that bullying is not OK.

***Mrs Tamsin McCormack***  
***Presentation Campus Director***



## A NOTE FROM THE PRESENTATION STUDENT LEADERS

On the 30/3/2011 the year 9's went on a city excursion called Arts Connect. All year 9s from St Paul's and Presentation campus travelled on four buses to Melbourne. When we arrived in Melbourne the year 9's were separated into three groups. Group one went to a hands on introduction of the latest music technology hardware and software. This enabled students to experience a guided exploration into music creation. Group two went to Medieval Calligraphy at the State Library and discovered the stories between the pages of 700 hundred year old books. Whilst the third group went off to an introduction of the art collection at the national gallery, which was an ideal art adventure for the students visiting there for the first time. After the students finished

their activities they all gathered in Federation Square and purchased and ate their lunch of their choice. After enjoying their meal and ten minutes of free time everyone arrived at the buses to travel to their last activity of the day which was a movie in 3D at IMAX. After enjoying a wonderful time in Melbourne it was time to head back to school. On behalf of all year 9's we wish to thank the teachers for a magnificent and enjoyable trip and we wish the day didn't need to end. We wish all of the students at Presentation, St Paul's and Kildare Campuses a wonderful and safe holiday and can't wait to see the Presentation students here next term.

***Presentation Campus leaders Nicole Somerville,  
Tyler Briggs and Melanie Renninson***

What a term!! The Campus has seen a lot of change over the term and I congratulate our staff and students on how they have entered into these changes. We have moved to a full Learner Advisor model where the Learner Advisor became more central to each student. Our transition from House Coordinators to Learner Advisors went excellently and for this I thank the 24 LA's across the campus.

There have been many excursions, guest speakers and sporting events throughout the term and I believe our students are the richer for it. We have students representing us nationally and internationally and still managing to keep up with their work in and out of school.

## NATIONAL YOUTH SCIENCE FORUM INTERNATIONAL PROGRAM

We congratulate Jessica Lewis on being selected to represent Australia at the 4th APEC Youth Science Festival in Thailand. This is a seven day program aiming to bring together bright young scientists aged 15-18 from across APEC member countries to enhance awareness of the importance and potential impact of science and technology. Young representatives from right across APEC — from Russia to Chile, Canada to Brunei — will engage in a week of activities and discussions. Jessica is also one of our College Captains and as is her style, mentioned this to me in passing. What an achievement!!

## ROTARY STRENGTH OF CHARACTER AWARD

Well done Tyler Vickory-Howe on being recently presented with this award. Tyler has an optimistic view of the world and other people. He hovers on the edge of excitement and is always willing to place himself at the forefront of any class or group activity. He accepts personal challenges

with great determination and steps forward to offer his skills and speaks up to offer his insights. A well deserved award!

## SPORTING ACHIEVEMENTS

We acknowledge, congratulate and wish the following students all the best:

Jacob Mulqueen made national times in Swimming recently and will be competing in Adelaide this month Having been selected for Country Victoria Under 18 Basketball team, Frazar Brouns will be representing us in Tasmania (9th – 16th April)

Kane Lewthwaite, Jack Doderico, Tim Membrey, Chris Williams, Jordan Symons and Matt Northe have been selected in the Gippsland Power Squad.

## REPLACEMENT STAFF

We thank the following staff for their dedication this term — they replaced some of our staff while they were on Long Service Leave. Mr Wayne Kirstine, Ms Laura Della Fortuna and Ms Eva Amezquita enjoy the break and thank-you. We wish Ms Amezquita all the best with the impending arrival of her child. Mr Prigg will be taking Term 2 and Term 3 to enjoy some Long Service Leave. We wish him a restful time and thank him for his many years of service.

## MS MCKENZIE

Ms Lee McKenzie will be replacing me in Term 2 while I move into another role for the term. Ms McKenzie is a seasoned traveller when it come to the role of Campus Director. I wish her well and am sure the Kildare Campus is still in good hands!

**Marco Di Cesare**  
**Campus Director**



## CROSS AGE TUTORING

Cross age tutoring gives students the opportunity to gain access to knowledge and skills from their peers. Experienced students are available to tutor students in a range of differing subjects, such as History, Mathematics, English, LOTE, Physics, Chemistry, Psychology, Legal studies, among many. The program allows students to bring a different dimension to their learning, receiving knowledge, skills and study habits from tutors in a friendly, relaxed environment after school. The sessions give students a personalised learning experience, allowing them to ask questions of their tutors and gain a perspective on learning from a student who has experienced education as they are currently receiving.

Each tutor volunteers their time and the service is free of charge.

***Cross-age tutoring sessions are held in room 33 at Kildare Campus every Monday and Wednesday after school; from 3:30 – 4:30 pm.***

***All are welcome***

Additionally, a cross-age tutoring program will commence at lunchtime in term 2. Students unable to make cross-age tutoring sessions after school will have the opportunity to attend sessions in the library held fortnightly.

**Rhys McDonald**  
**College Captain**

## STUDENT LEADER REPORT

It has been a busy start to the year at Kildare – although it has been filled with enjoyment and excitement. Our Year 10 students, who are new to the campus this year, quickly became familiar with the campus and became comfortable with the Kildare environment.

The annual swimming carnival, held on the 25th February, was a clear indication of the close-knit community feel of the campus. Many students participated in championship and novelty events, whilst others became involved by dressing up in their house colours and supported from the sidelines. The weather was kinder to us this year at the swimming carnival and we were able to enjoy a rare warm day this summer.

We have had a strong start to the Points for Participation program (P4P). P4P is a program where students can choose to participate in a range of activities and earn points for their participation. At the end of the school year, individuals and houses with the most points are rewarded for their efforts. Some activities which have already started under the P4P program include indoor soccer at lunchtime; lunchtime volleyball; the fishing club and tutoring sessions for various subjects.

Mr. Steele and several students volunteered their time to cook and sell pancakes for Project Compassion. The pancakes were cooked and topped with butterscotch sauce, which was made by Mr. Steele and is now a hit across the campus. The stall was successful with around \$260 raised. All proceeds were donated to the Caritas foundation.

The campus also remembered Ash Wednesday. Mr Hansen and the Lavalla senior choir, led by Mr. Reid, conducted the liturgy which celebrated the beginning of Lent. It has been an enjoyable, fun-filled six weeks to begin the school year at Kildare and we wish everyone a prosperous year ahead.

**Rhiley Wentworth, Jessica Lewis, Katrina Barrett,  
Rhys McDonald  
College Captains 2011**

## INFORMATION TECHNOLOGY REPORT

*By Ben Verghese, Manager of Educational Resources*

### REPLACEMENT BATTERIES

We have received the consignment of the first 100 batteries of the 200 that have been ordered. These have been distributed to students that have an older laptop. We expect the last of the battery order to arrive during the term break and hope to distribute these to the remaining older laptops at the start of Term 2.

### BULLYING. NO WAY!

Parents and students would have noticed the banners on both the College website and on the Intranet of the “Bullying. No Way!” campaign. It followed on from the National Day of Action Against Bullying and Violence on the 18th March.



### ACCESSING THE INTERNET SAFELY

With the ease with which smart phones can access the Internet, and the convenience of USB modems for laptops, access to the unfiltered Internet is difficult to monitor for parents and teachers. Whilst the College network provides filtered and safe access to the Internet, these smart phones and privately owned USB modems do not use the College network to access the Internet. A good place for parents and students to visit to gain information accessing the internet safely from these devices is the government’s website <http://www.cybersmart.gov.au>.

### KILDARE STUDENT LAPTOP USE

We have been able to allocate every student with a laptop to use during the course of the day. Some 90 students have taken part in a laptop loan scheme where parents pay insurance costs to allow the laptop to be taken home. Students who do not take part in the laptop loan programme are required to pick and store their allocated laptops in their Learner adviser rooms at the start and end of each day, and to store them in lockers during the course of the day. As a result of sponsorship from Catholic Church Insurances Ltd., a simple carry bag will be supplied to every student in the new term to assist with the transport of the laptop during the course of the day.



This year our goal is 'Excellence in Learning, Excellence in Teaching.' If we want to be successful learners we need to spend time on learning. Otherwise we are fooling ourselves. In keeping with our goal, the college will explore different ways of improving learning. Our first pilot was a Special Learning Day for each year level. Term 1 is coming to an end. Next week students will get reports. They will clearly see how they have performed over the term; what they have learned and how well they have learned. There is no excuse for not doing well. Students are responsible for their own learning. Teachers will see how well they have taught, and more importantly, how well they have been able to make their students learn.

Teachers are also responsible for student learning. Parents, too, are part of this equation. After all, parents are critically important in setting expectations for their children, for ensuring that their children spend some time every day in learning. A good exercise for parents will be to see how children spend time at home. How much time is spent on sport? How much on computers, mobile phones, Ipod? How much on home study? We spend time on what we think is important to us.

## PROTECTIVE BEHAVIOURS

All the Year 7 students have spent three periods with their homeroom teachers and the College Psychologist, Ms. Francois, in Protective Behaviours. They learned to identify bullying, what bullying really is. The program used role plays and visuals to help them learn how to protect themselves, to keep themselves safe. The homeroom and classroom teachers will use what they learned in the sessions to continue to build resilience in our students.

## PROJECT COMPASSION

Every year the college focuses on Caritas' Project Compassion for Term 1. This year students are involved in making and selling pancakes, raffles, selling food, etc in order to raise funds. I continue to be amazed at some of our children and their commitment to helping others who need our help. The funds collected will be sent to Caritas, who will use the funds for a range of activities.

## SSV SWIMMING

Lavalla has been hugely successful at the Schools Swimming Victoria. Competing against thirty schools, our swimmers were outstanding.

## YEAR 7, 8 & 9 SPECIAL LEARNING DAY

The Campus planned a special learning day for each year level.

Year 7 students had their first experience of an E-Learning Day. They used their netbooks and accessed different resources to self-study at home. We are grateful to all parents who assisted us in enabling us to run the program.



The Year 8 students were taken to Kildare Campus where they had a seminar-type day focusing on resilience building. Students took part in activities on Drug and Alcohol Education, Cyber Bullying, Bully Bystander, and Team Building. Year 11 students and the Kildare teachers assisted the Year 8s throughout this day.

The Year 9 Students went to Melbourne as part of the ArtsConnect 9 Program, sponsored by the State Government. They focussed on a variety of cultural activities; visiting the National Gallery Victoria, IMAX for films on the 'Human Body' and 'Whales and Dolphins', Sound Studios, Graphic Design and Printing. Talk with your children about their experiences. The staff has put in a super effort. Hence, the students have all enjoyed the day and taken something useful from their experiences.

## GIFTED AND TALENTED

On a Saturday, a group of gifted and talented student accompanied by Ms. Zahra and Mr. Sizeland spent the day at St. Peter's Cranbourne. They spent the day at a writing workshop. They were put into teams. Each team got three prompts. They chose one, brainstormed, got a workable plot, developed characters and then each student wrote up a chapter. Once that was done the team edited the work. The teams each wrote more than 11,000 words. We are waiting for the final version to be printed.

- Chris Roga

Campus Director, St. Paul's Campus



## SSV Regional Swimming Carnival

On the 17th of March Lavalla attended the Regional School Sport Victoria Swimming Carnival held at Sale Outdoor Pool. Throughout the day Lavalla competed against 24 schools ranging from as far as Cann River through to Albury Wodonga, they started out the day in outstanding form, ruling the pool with multiple first, second and third place medals and these high standards from Lavalla were kept throughout the duration of the day.

Our individual swimmers and our relay teams were very impressive setting the standards, with 25 out of 27 Lavalla competitors taking out a medal. Luke and Jacob Mulqueen won an incredible 5 individual medals, with Erin Roberts and Maggie O'Keefe not far behind picking up 4 individual medals and Taylah Da Ros winning 2 individual medals. Other high achievers for the day were Sam Roberts, Jack Law, Mitch Young, Michael Buckley and Stephanie Spehar, but with the contribution of all the competitors in the medleys and relays that brought home the gold for Lavalla, as the winning school.

Also a huge thank you to School Sport Victoria and Sale for hosting a successful Swimming Carnival, and Congratulations to the Lavalla Swim Team on an amazing overall win.

# "GO LAVALLA"



## cyber bullying & facebook.

Schools and parents need to work together to minimise the harm of cyber bullying. It is important that parents set limits and boundaries on social networking. The desire of adolescence to be with their friends is overwhelming. At this time in their development young adolescents feel a need to develop psychological independence from their parents. Friends go a long way in providing a platform to developing this independence. Astonishingly 60 – 90 % of socialising today for adolescence is done on line. This means digital peer pressure is enormous, teen credibility is linked with on line activity, it is without a doubt an important part of maintaining social currency. Sometimes the social interactions on facebook are not positive, in fact more and more students are finding they are being bullied on facebook.

***No Child under 13 should have a facebook account.***

It is highly advised that you become a facebook friend to your child and know their password. Parents are legally responsible for what their children do on line. Being friends with your child on facebook means you can closely monitor their use of language and monitor any discussions they may be participating in.

We teach our children to swim, how to cross the road safely and we monitor the TV programs they watch, in an attempt to keep our children safe. Are we doing enough to keep them safe online?

If you believe your child is being bullied online save the comments or print them off. Discuss it with your child. If the bully is from the same school then report it to their Learning Advisor or Homeroom teacher.

A recent survey conducted in Australia by Microsoft revealed 'that in spite of concerns for online safety we are still not doing enough to educate and help protect our children. More than two thirds of Australian parents admit they know only a few of their children's on-line friends; another 11 percent admit they are totally in the dark, knowing none of their children's online friends.'

Adolescents need to learn to navigate the social landscape, they can do this with teachers and parents help and support.

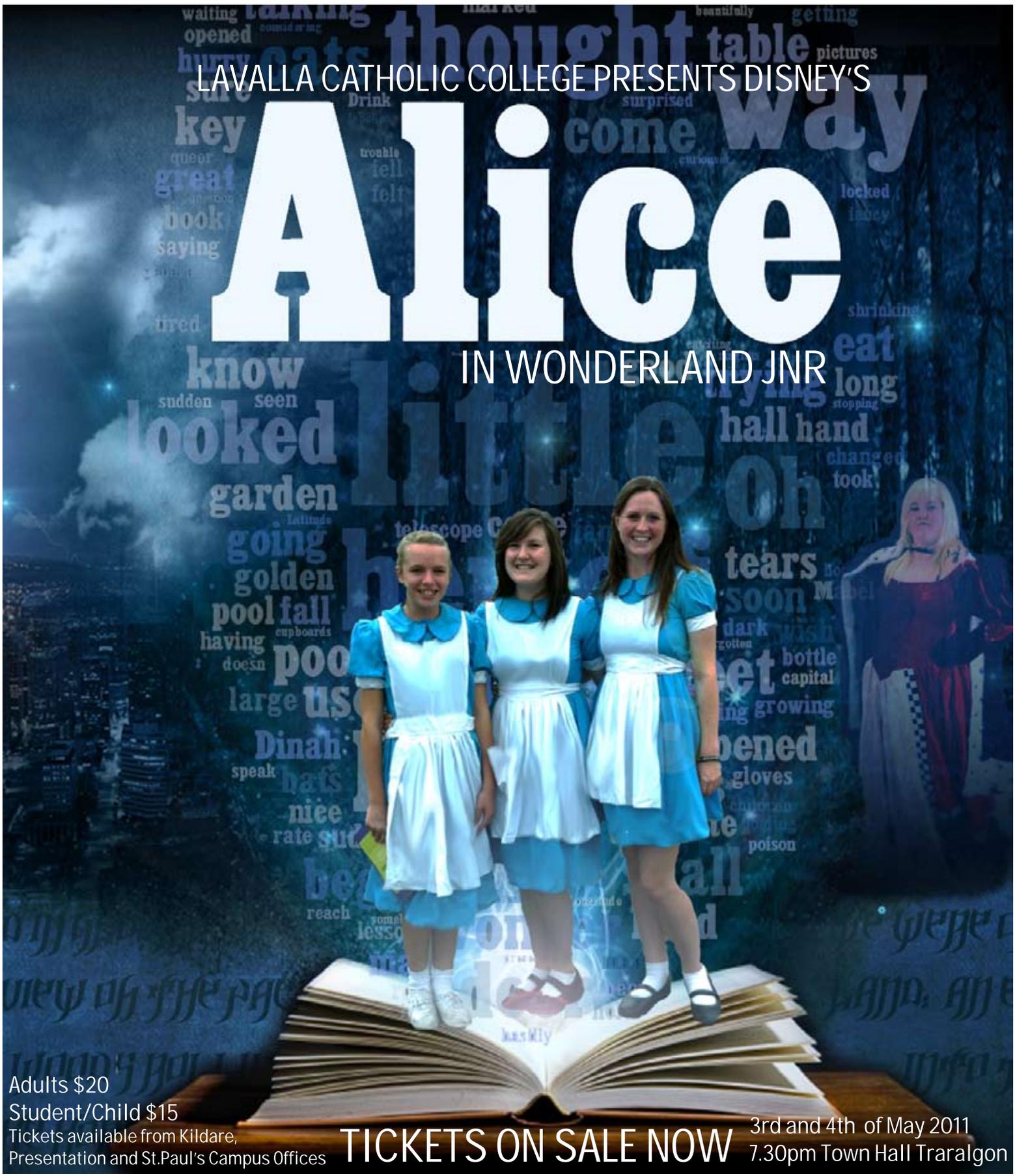
***By Joanne Alford  
Learning and Wellbeing Leader***

# COLLEGE MUSICAL 2011

LAVALLA CATHOLIC COLLEGE PRESENTS DISNEY'S

# Alice

IN WONDERLAND JNR



Adults \$20

Student/Child \$15

Tickets available from Kildare, Presentation and St.Paul's Campus Offices

## TICKETS ON SALE NOW

3rd and 4th of May 2011

7.30pm Town Hall Traralgon

# UPCOMING DATES APRIL

07/04

**LAST DAY OF SCHOOL FOR ALL STUDENTS**  
**Parent/teacher interview 4pm - 7.30pm**

08/04

Parent/teacher interviews  
*11am - 2pm - Tgn campuses*  
*11.30am - 2pm for Presentation*

Debutante Ball no.1

09/04

Debutante Ball no.2

27/04

**SCHOOL RECOMMENCES (Full winter uniform)**

## UNIFORM SHOP OPENING HOURS

*CHANGE OF DATE FOR LATE SESSION.*  
*The late session previously advertised for the 7th April has been changed to the 5th May due to Debutante Ball commitments.*

### NEXT OPEN

Thursday 7th April 3.30pm – 6.00pm  
Thursday 5th May 3.30pm – 8.00pm  
Shop located at: St.Paul's Campus  
Payment options: Cash, Cheque or EFTPOS

(Please note Kilts/Skirts must be tried on.  
They are not sized)

## MARRIAGE ENCOUNTER WEEKEND

Married couples, make 2011 the year that you prioritise your relationship. It underpins your family life.

Please join us for a Marriage Encounter weekend this year. Our weekend helps you to remember why you married and gives you skills to maintain your love for each other.

Couples and a priest present the weekend. It is based around catholic values but you don't need to be catholic to attend.

The next weekends will be held on 8-10 April, 3-5 June and 19-21 August.

For further information and bookings contact Peter & Erika Smith (03) 9899 0824 or Email [vicbookings@wwme.org.au](mailto:vicbookings@wwme.org.au).

Checkout the website for more information on [www.wwme.org.au](http://www.wwme.org.au)

## WEST END JUNIOR FOOTBALL CLUB

Want to play football in 2011?

Under 14 & Under 16 players are needed!

Training is conducted Monday and Wednesday nights from 4.30-5.30pm at the West End Complex (Grubb Avenue)

Any queries, please contact Sharleen Barry on 5167 1551

# ENROLMENT 2012

Students seeking places in Year 7 for 2012: Students attending State / other non-Catholic primary schools who have a brother or sister currently at Lavalla College should telephone Jean Jennings at St Paul's Campus office (51747355) to register their names.

**Students who do not have siblings attending Lavalla College and who attend State or other non-Catholic primary schools should telephone Jean Jennings at the St Paul's Campus office (51747355) to be placed on the list for enrolment applications.**

Students in Grade 6 at Catholic Primary schools will automatically receive an enrolment package during April.

**ENROLMENT APPLICATIONS  
WILL CLOSE IN MAY.**