



NEWSLETTER

Lavalla Catholic College

18 March 2005

Retreats and Work Experience

Dear Parents

This week and next, our Year 11 students will be away from school for a few days on retreat. This is an invaluable time for them to reflect, to see life from a quite different perspective, and to connect with themselves, with each other, with their teachers on the retreat teams, with their families and with God. Year 12's completed their retreat at the commencement of the term. I am always acutely conscious that this is a privileged time away, and one, I hope, that will stand them in good stead in their adult years beyond school.

For the staff members who generously attend these retreats, it is both a wonderful and humbling experience to witness the openness, the compassion and the sensitivity of our young people in the retreat situation, and I know this is true for each of the retreats. I am grateful to Michael Hansen and Mark Kelly and the many staff who formed the teams for our retreats. Indeed this is an opportunity without equal to understand and appreciate our students in their wholeness, and one that the students value greatly.

Our Year 10 students have commenced their Work Experience. An enormous amount of work goes into making this a special time for Year 10 students. It involves much contact with employers, attending to the Occupational Health and Safety matters and organization for visits by teachers. For the students, it marks a transition to a world of responsibility and discipline, it gives students a taste of what is to come and it provides them with worthwhile experiences of the workplace.

I wish you all God's blessings for Easter with its power to transform our lives and attitudes.

Br Julian Casey
Principal

IMPORTANT DATES

March 25:	Good Friday Holiday
March 28:	Easter Monday Holiday
March 29:	Tuesday Diocesan Inservice Day - Pupil Free Day
March 30:	Wednesday Normal Classes
March 31:	Thursday Normal Classes
	Parent Teacher Interviews 4 –8pm
April 1:	Friday Normal Classes
April 4:	Monday Term 1 Holidays commence
April 19	Tuesday Students return

PRESENTATION CAMPUS

The **Parent Support Group** held their Annual General Meeting on Tuesday night. The meeting was well attended and the enthusiastic group of parents began planning fund raising activities for 2005. They include:-

1. The Easter Raffle: (Tickets have been sent home – Drawn Thursday 25th)
2. Mother's Day Raffle
3. Trivia Night, Term 3 – 30/07/05
4. Yr9 Project "Bratz" Disco and Fashion Parade.

The group is also keen to support Wendy in the Canteen for one hour on a Friday. Helpers would be appreciated.

The President's Report is included for your reading.

President's Report 2005

Welcome and thank you all for coming tonight. I would like to thank all those who helped me over the last year. To Rita and Gerardine for their support. Also to Irene who has been my backstop and a wonderful help and support. To everyone who helped in anyway over the last year, without you my job would be much harder. To Chris who was always obliging, to his staff who always made me feel welcome and to Eleanor for her constant smile and always willing to help me.

I think that as a very small Committee we have achieved great things in the Year 2004. We purchased a fridge, rangehood, the well used projector, able to assist students/family in difficult circumstances with the help of the two parishes, assist in the Year 9's Graduation & the Nano Nagle Award and help with school socials. I think we should all be proud of ourselves for our work over the past year. I also believe that we will have a good and productive one this year.

Thank you once again for you're continued support and I look forward to another successful year in 2005.

Carol Wilson
President Parent Support Group

The **Year 8 Life's A Ball Program** was conducted on Tuesday: Mr. Flahavin (Year 8 Homeroom Teacher) has included the following:-

Year 8 participated in "The Life's a Ball" workshop on Tuesday. The workshop presenters, Gareth Ploop from Australian Idol and Tanya from Batchelor Girl, led the students through a series of challenges which focused on self respect, respect for others, communication, frustrations, creating friendships, developing persistence and setting realistic short term and long term goals.

During the course of the workshop Tanya revealed to the students that despite the fame her group has achieved in recent years, the group has had to battle very hard to receive a recording contract and that she also completed a University degree in the event that she didn't make it in the music industry.

Feedback from the students has been very positive. Furthermore, the ideas touched upon in this workshop will be revisited throughout the year in the pastoral care program that operates at the campus. (**Mr. Peter Flahavin**)

Last week 55 **Year 7's ventured to Wilson's Promontory for their Camp**. From all reports the camp was a great success. My thanks to Mrs. Fredrickson and Ms Sallie Davies who supported the students at camp and to First Track Adventures for conducting the camp.

Yours in the Spirit of Strong Minds and Compassionate Hearts.

Chris O'Brien
HEAD OF CAMPUS

ST PAUL'S CAMPUS

Throughout the school year we encourage teachers to attend In-Service or Professional Development sessions. While these sessions take teachers out of the classroom for a short

time, teachers come back with new ideas which enhance student learning and well being.

This week Mr Chris Roga, Ms Sandy François and Mrs Rita Nainie attended a Mind Matters Conference. This deals with the emotional well-being of young people and forms an integral part of our Pastoral Care Program.

Life's a Ball

Again this year we welcomed Life's a Ball presenters who came to encourage our **Yr 8** students to dream big dreams and to aspire to excellence. Our speakers this year were: **Garth Ploog** (Australian Idol contestant), **Tania Doko** (member of Bachelor Girl) and **Janne Errington-Smith** (wheelchair basketballer)

St Gabriel's

Congratulations to the St Gabriel's School community on the 25th Anniversary. It was truly a delight to attend the celebratory mass last Friday. The students, staff and families are to be congratulated on such a joyous and faith filled celebration.

SOSE Excursions

9.1 and 9.2 visited Melbourne on Thursday 17th. The trip included a visit to the Old

Melbourne Goal and a guided tour of the aboriginal walk.

Australian Tax Office

On Monday 21st a representative of the ATO will visit the campus. This will provide a very simple way to acquire a tax file number, as students are not required to provide documentation to prove identity or age; this is done by the school.

Parent Teacher Interviews

Interviews for the interim reports will be held on **Thursday March 31st 4:00 – 8:00 PM**. As there is only one session staff will generally only be available on one campus. As some staff members teach on more than one campus, please take note of the location of particular staff members.

"Almost any difficulty will move in the face of honesty. When I am honest I never feel stupid. And when I am honest I am automatically humble" ... Hugh Prather (I Touch the Earth, The Earth Touches Me

*Lee McKenzie
Head of St Paul's Campus*

KILDARE CAMPUS

Shave for a Cure:

Last Friday, the Year 12 Leadership Class conducted the annual Shave for a Cure fundraising event. The national day is well publicised around Australia and is designed to raise awareness about this form of cancer and to raise funds for research into finding a cure for Leukaemia. A total of \$2,800 was raised on the day with several hundred dollars pledged that will be collected during the next few days.

Notable fundraisers were Kathleen Denny \$1200, Peter Brady \$400, Courtney Sheriff \$320 and Chris Henderson \$240, with other pledges coming in from Damian Dunne, Bradley Slocum, Paul Hughes, Josh Martin, Matt Llewellyn, Patrick Ripper, Thomas Foster and Robert Pryde.

The bar-b-que itself raised \$400 and was sponsored by Mrs. Dimitropolous from PJ's Fish and Chips, Churchill, where all the hamburgers, sausages, bread and Coca Cola were donated.

Our thanks go to Mrs. Dimitropolous, and especially to Chantelle Albanese and Dean Cox from Cobarz Eco Salon in Glengarry, Brooke Townsend and Natasha Stoddart from Sam and Franks in Morwell and Kate Edwards and Brigid Krekelberg from Ross International, all of whom donated their time, energy, expertise and equipment to shave heads, colour hair and wax legs.

Thanks also to Mrs. Clarke and her Year 12 Leadership Class, and to all Staff and students who contributed to this cause, for another successful fundraising campaign.

Year 11 Retreats:

The Year 11 Retreat Program began this week and continues into next. The Retreats, conducted on a House-by-House basis, are being held in Rawson. More details next week.

*Peter Schneider
Head of Kildare Campus*

SPORTS NEWS

Super 8's Cricket -3/3/05

The first Thursday of the month saw the year 9 and 10's super 8's cricket squads compete at Traralgon for title-holder honours. All students put in impressive displays but were unfortunate in their matches, just falling short and missing out on what they described as the all-important prize of a Milo cap. Thank you to Nikki Heenan and Mr Archipow, and to all students who participated on the day.

to Nikki Heenan and Mrs Reynolds and to all competitors on the day

Swimming - 11/3/05

On last Friday, fifty-four of Lavalla's finest swimmers took to the pool at the Sale Outdoor Complex competing for the chance to battle it out with Victoria's best at the CAS Swimming Championships at the Melbourne Sports and Aquatic Centre. It was great to see all students put in 100%, which led to the team's success on the day, eventually taking out the title and many students securing a place at MSAC. Congratulations to Dale Mitchell who was awarded the U/17 age champion. Thank you to Nikki Heenan, Mr Erdely and Joanne Campbell for their ongoing support, to all students who participated and good luck to those swimmers moving on to the next round.

Tennis - 9/3/05

Last Wednesday the junior, intermediate and senior tennis players competed against three schools for a spot in the CAS Championships at Royal Park, Melbourne. There was an impressive number of students who attended try-outs, which did not make selections an easy task. Congratulations to senior girls Elise Clegg and Lisa Yates who finished 1st and 2nd in their division; we wish them all the best representing Lavalla in Melbourne. Thank you

*Ben Quinn
AFL Sports Trainee*

EDUCATION FORUM FOR PARENTS (Formerly Parents & Friends)

Our **next meeting** will be on **Monday 21st March**, commencing 7.30pm at the St Paul's Campus Resource Centre. The night will be focused around a consultation with Brother Julian on the school's **anti-bullying policy**.

All parents most welcome - it would be great to see some new faces.

For further information, contact **Norma Bellerby 5134 1677 (BH)**

CANTEEN ROSTER

	St Paul's	Kildare
Mon. 21 March	J Parker, V Sammut	S Mills, J Kurrle
Tue 22 March	V Winwood, (help req'd)	G Breed, M Byl
Wed 23 March	H Stoddart, M Lowe	M Tomkins (help req'd)
Thu 24 March	A Scully (help req'd)	H Symons, S Brady

ST MICHAEL'S YOUTH GROUP 'INTO LIFE'

Friday 18th March

EASTER NITE

Join in an Easter egg hunt and other Easter games. Discover the real meaning of Easter

St Michael's Hall 7pm to 9pm

Cost: bring a can of food to donate to St Vincent de Paul Charity

Phone Sally 5174 9661 or Carole 7176 5161 for more info

Don't forget Youth Mass is every last Sunday at St Michael's Church, 6pm

Postal address PO Box 1080 Traralgon 3844	Marcellin House Admin Coster Circle Traralgon Ph 5174 5272	Kildare Campus Kosciuszko St Traralgon Ph 5174 8111	Presentation Campus John Field Drive Newborough Ph 5127 1311	St Paul's Campus Grey St Traralgon Ph 5174 7355
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