

FROM THE PRINCIPAL

Dear parents, teachers and students

Like the rest of the world, our small community has been shocked by the events of Norway. How one man, or even groups of people, can deliberately plan to kill innocent people and then in a calculating matter-of-fact way carry out the plan, is impossible to comprehend. Perhaps, we can see the need to take revenge for our hurt and senseless loss of life. However, history teaches us that this is not the answer and we know that as we are still living the consequence of such a reaction after America's 9-11.

But the Norwegian people have been so impressive. There is no mistaking the pain and hurt, the shock and the disbelief of what they are experiencing. Their Prime Minister, Mr Jens Stoltenberg, will be remembered for his humanitarian and moving response. On the aftermath of the devastation, without yet knowing the culprit, he addressed his people and the world with these words:

I have a message to the people who attacked us, and those behind them. This is a message from all of Norway: You will not destroy us.

You will not destroy our democracy nor our quest for a better world. We are a small nation, but we are a proud nation. No one shall bomb us into silence or shoot us into silence. Nothing will frighten us out of being Norway.

This night we will comfort each other, talk with each other, and stand together. Tomorrow we will show the world that Norway's democracy grows stronger when it is challenged. We shall find the guilty and hold them responsible.

We must never cease to stand up for our values. We have to show that our open society can pass this test, too. And that the answer to violence is even more democracy, even more humanity, but never naïveté.

That is what we owe to the victims and to those they hold dear."

***Prime Minister of Norway, Mr Jens Stoltenberg
Sunday 24 July***

One cannot but help reflect on our own society during these times and I am left saddened with the evidence that shows us that our own society is becoming increasingly less tolerant of differences; increasingly more individualistic and frighteningly less concerned about the 'other'. Like Mr Stoltenberg, such horrific events make us more determined as teachers of Lavalla, to stand in solidarity with the people of Norway and to prepare our young people to understand the value of a 'free and tolerant democratic society' and their responsibility within it. Our hearts and prayers go out to the families of all those who have suffered and we also hope that we can take stock of how our own society is behaving and demonstrate more obviously our own strong values.

New Immigrants to this country pledge to the following values: respect for the freedom and dignity of the individual, freedom of religion, commitment to the rule of law, Parliamentary democracy, equality of men and women and a spirit of egalitarianism that embraces mutual respect, tolerance, fair play and compassion for those in need and pursuit of the public good. As Australians we pride ourselves on our sense of fair play and our belief that we live in an egalitarian society, and our society is, in many ways, similar in what it values that people of Norway. We all have to work together to bring about peace. It is not a 'job' we can leave to someone else. Let us remember the simple, and yet challenging opening line of the prayer of St. Francis - ***Lord, Make Me an Instrument of Your Peace.***

It is Wonderful to be back! Despite the cold, wet weather and leaving the European summer behind, I am delighted to be back at work and keen to get the rest of the year underway. As you are aware, my term away was made up of some Long Service Leave as well as Enrichment Leave. The four weeks of enrichment leave undertaking a study of the most current leadership theories at Trinity University in London, visiting approximately ten schools in London and Dublin and attending an international conference in Birmingham. There were many wonderful experiences and highlights. The schools we visit-



continued...

ed were so generous in sharing their stories with us. I have returned with some excellent ideas and will be keen to share these with you in due course.

In Ireland and to a lesser extent in England and Italy, young people in particular are really suffering from a lack of security, prosperity and hope for the future. To the casual observer, these societies are ticking over as usual but once people began to talk about the burden they were carrying, one quickly realised that these societies are hanging together by a thin thread. The level of debt is so overwhelming that people are feeling troubled and hopeless.... *except in schools.*

We witnessed firsthand what we have always known as teachers, that schools are places of hope, drive and motivation. In schools we saw teachers inspiring young people and we saw how critical it was to imbue hope in the daily lives of our young people. In the schools we visited we had a sense that these economically struggling societies will recover because the young people are the ones who will find the solutions and the teachers are the ones with abundant hope who will inspire them.

I entered our school grounds with a profound conviction that Lavalla Catholic College is a sacred place, that as teachers and students we make a difference to each others' lives. It was a timely reminder, that despite our own economic difficulties, there are others suffering more than us and that we are indeed a lucky country, a strong school with a privileged education.

In my absence, the College was ably led by **Mr DiCesare** and the Leadership Team. It was their generosity that afforded me this wonderful opportunity and I am sincerely grateful for the chance to travel, rest, learn and be inspired by educational developments. Each member of the leadership team willingly accepted extra responsibility and offered Mr DiCesare their support to ensure the College continued with its work for the year. Also included in this, is Mrs McKenzie's generosity in accepted two significant roles (Acting Campus Director in terms 2 and 3) as well as undertaking her own work. We are fortunate to have such talented and hard working people on the Leadership Team. I thank Mr DiCesare and the Leadership team and of course all staff, most sincerely for their work in term 2.



Ms Erica Pegorer
Principal

ARE YOU INTERESTED IN THE STRATEGIC DEVELOPMENT OF THE COLLEGE?

The College Council is a very rewarding way of making a contribution to the future of your children's education and future generations.

Currently three vacancies exist on our Council. We are seeking parents who are available on the last Tuesday of each month from 5.30-7.00pm.

You do not need any particular qualification other than an interest in your child's education and if you have experience in the business, retail or finance world your expertise would be very helpful to us.

Please contact Ms Hayley Casagrande on 03 5175 8205 or casahay1@lavalla.vic.edu.au immediately if you would like any further information.



We congratulate one of our teacher Mr Charles Desira on his art exhibition and encourage all to view his exceptional work at the MAFFRA EXHIBITION CENTRE 25TH JUNE - 7TH AUGUST



ST. PAUL'S CAMPUS REPORT

Ms Lee McKenzie - Acting Campus Director

Term 3 began with all staff undertaking Displan and Epi pen training. Both are quite daunting prospects but it is important that we are as prepared as possible for either emergencies which effect the entire campus or particular individuals.

We welcomed back one group of MSP students and farewelled another as they begin their time at Presentation Campus. Reports thus far indicate that both groups have settled in well, one group re-acquainting itself with St Paul's and the other learning the ropes at Presentation. Thursday was our Semester 1 award assembly, and the entire College gathered to celebrate and congratulate our award winners. I was particularly proud of the St Paul's report delivered by Annelise Answerth and Lily Nash. It is always a little surprising to remember all that is accomplished on a campus during just one semester.

CANTEEN

With the retirement of Mrs Pat Brown and our difficulty in sourcing volunteers for the canteen, we will be moving to a new model this semester. There will be hot lunches available by order each day as usual, however there will be no sales of snack items, drinks etc, on Mondays and Tuesdays as of next week. The Canteen will open briefly at lunch time on these days to distribute pre-ordered items only.

Yr 7 2012

As many of you would be aware this week we introduced a new way of welcoming families to the College. All prospective Yr 7 2012 students currently enrolled in Catholic Primary schools were invited to the College for a 20 minute meeting to clarify any issues/ concerns and to pass on any significant information. Feedback about these meetings has been very positive.

STUDENTS LEAVING THE CAMPUS

This is a reminder to parents: students who need to leave the campus to attend appointments etc, need a signed, dated permission note from home. Class teachers will sight this before allowing students to leave a lesson. Please also be aware that we do not call students to the office over the PA during class time, this is far too disruptive to all other students and teachers.

DAV DEBATING

A small Band of dedicated students have begun practising for the DAV debating contest. Under the care of Mrs Kim Widrich and Ms Roma Valentine we await report of their debating skills- good luck.

Congratulations to

Paige & Jasmine O'Shea for the work they did with Lumen Christi's musical.

INTERSCHOOL DEBATING NEWS

The College Regional Debating Team has one more round to go before the end of the 2011 Competition. Team members include Constantinos Kavadias, Korey Kavadias, Mukudzei Ruzive-Makuru, Tanatswa Ruzive-Makuru, Molly Irvine and most recently Conor McCafferty and Quinn Scott. So far the team have participated in four debates against other regional and metropolitan schools. These debates have been hosted at Berwick Grammar and are run by DAV (Debater's Association of Victoria). The team has worked extremely well together across year levels and campuses to win two of their four debates to date. Their final debate is in August and their topic is, "Should money be spent of space exploration?". This activity is supported by the English Department and College Gifted and Talented Programme.



An opportunity for junior debaters to complete training with DAV has commenced this week at the St Paul's Anglican Grammar in Warragul. Four weekly sessions (25th July, 2nd, 9th and 16th of August) have been

arranged to introduce students to the Matter, Method and Manner of debating. These students will have a chance to learn and practise with students from other schools.

Debating Co-ordinators

Kim Widrich & Roma Valentine

(An initiative of the English and Gifted and Talented Programme)



PRESENTATION CAMPUS REPORT

Mrs Tamsin McCormack - Campus Director

Greetings from Presentation Campus.

New Zealand! What a great experience!

During the first week of the holidays 20 students, 5 staff and 3 parents visited New Zealand. The following is a rundown of the activities we all participated in.

Friday 1st July: We travelled to Melbourne by train with 19 excited students and arrived late at the hotel.

Saturday 2nd July: Our early 5am start made for many tired students and parents but once we were all at the airport the excitement levels were sky high - even a delayed flight couldn't dampen them! Once in the air, the students were kept amused using the internal phone system, for four hours! This was followed by a bus trip along a very windy road!

Sunday 3rd July: Our Journey from Hokianga to Paihia included a visit to the Waitangi Treaty Grounds where we not only saw where the historic agreement that gave birth to the nation of New Zealand was signed by Maori and British settlers. We were amazed by all the fantastic carvings that made up their houses and boats. We had a great afternoon of dolphin watching, followed by a visit to Russell, the original capital of New Zealand.

Monday 4th July: The long drive from Paihia to Rotorua was broken up with a visit to the Glow Worm Caves. Did you know that glow worms are only found in New Zealand and Australia?

Tuesday 5th July: At Rotorua we have the opportunity to visit geysers, boiling mud pools as well as the traditional arts and culture of the Maori People. Then we rode Gondola's up to Mt Ngongotaha to enjoy some lugging around the hillside. A visit to the Village buried by the 1886 eruption of Mt Tarawera was fascinating - the waterfall was probably the most spectacular sight. This busy day was finished off with a traditional Maori Hongi and Maori performance.

Wednesday 6th July: Along the way to Auckland we stopped at Hobbiton, which was prepared for the next stage of filming for the Lord of The Rings Trilogy. Ah hint to all fans there are five new hobbit holes in the upcoming film.

Thursday 7th July: We visited many sites around Auckland, including the Museum and Kelly Tarlton's Underwater World and Antarctic Encounter. Finally, we finished the day with a little spot of shopping.

Friday 8th July: Our final day. A visit to the Auckland Sky Tower was a great way to start the day, enabling us to see the city of Auckland with 260 degree views.

I would like to personally thank all the staff for their assistance on the trip, ensuring that students were well cared for and enjoyed themselves. To the parents who attended, thank you for being there and sharing the experience with us all. To the students thank you for representing Lavalla Catholic College so well.



KILDARE CAMPUS REPORT

Mr Marco DiCesare - Campus Director

Thank-you Mrs McKenzie for taking on the role of Campus Director – Kildare last term. It has been easy to pick-up where Mrs McKenzie left off. The Course and Careers Expo planning is well underway and we are gearing up for the enrolment process.

DANTE ALIGHIERI POETRY COMPETITION

At the end of last semester we were informed that a large contingent from Lavalla made it through to the finals of the Dante Alighieri Poetry Competition. 21 students travelled to Melbourne last week to compete. Along with the student I congratulate the Italian Teachers at the College. We now await the results.



ANAPHYLAXIS TRAINING /FIRST AID EMERGENCY MANAGEMENT

All staff at Lavalla Catholic College recently re-entered the classroom – as students. We were all involved in Anaphylaxis Training at the start of the term, with a considerable number of staff also enrolling in Certificate 2 Level First Aid. These two sessions were a great opportunity for staff to update their skills in these important areas. As a staff we realise the importance of minimising our risks in these areas. I am pleased

to report that all staff passed their tests and we now have over 120 staff trained in Anaphylaxis Management and another 50-60 staff trained at Level 2 in First Aid. On the first day of term,



all staff also had a refresher course on our Emergency Management processes. These training days are vital in ensuring the wellbeing of all our community.

GRADE 6 CONFIRMATION RETREATS

This week saw us host the Grade 6 Confirmation Retreats for St Michael's Parish. Grade 6 students from across the parish gathered at the Kildare Campus to prepare for their sacrament. Year 11 students from the College coordinated the activities and ensured that activities ran smoothly on the

day. We were graced with good weather and great students. Thank-you to the staff and students of St Michael's and St Gabriel's who made up the largest numbers. It was a great day for sharing and understanding our commitment to our faith.

YEAR 10 WORK EXPERIENCE

Congratulations Mrs English. With over 210 placements the job of ensuring that our Year 10s experience the world of work can be overwhelming. This year Mrs English encouraged students to become more involved in their placements. Having visited a number of students, we can sometimes forget the importance of work experience. Often students are placed in situations which they would not experience during their casual or part-time employment. We look forward to the return of our Year 10's and their renewed and refocused approach.

UNIVERSITY RESIDENTIAL VISITS

These fortnight saw two of our former College Captains, Melissa Germano (Class of 2007) and Brooke Ward (Class of 2010) in their capacity as Residential Advisors for their respective College Residences. Melissa is currently studying Veterinary Sciences at The University of Melbourne and Brooke is studying Bio-Medicine at the University of Melbourne. I thank these two wonderful ambassadors for keeping their links with the College alive and for supporting our current Year 12s in their endeavours to investigate their university options next year.



Counsellor's Report

Ms Sandy Francois

Last term saw the formation of the Young Marist Leaders group at the St Paul's campus. Its members include: *Madison Joyce, Ash Welsh, Connor Van Der Staay, Georgia Gill, Kelsey Van Iwaarden, Aman Bhatti, Lachlan Fitzgerald, Denielle Terranova, Camren Pistrin, Lachie Aitken, Rebecca Symons, Paxton Farley, Jacob Farmer, Kayla Massaro Molly Irvine, Chloe Morris, Tenille Moyes, Mikaela Tarraran, Tanatswa Ruzive-Makura, Lauren White, Georgia Kell And Mikayla Atlee*

These Young Marists embraced the Marist Charism and their chosen pillar, "In the Way of Mary". All activities undertaken prayer, reflection and discussions. On a practical level the group has visited aged care facilities (O'Mara House), worked in the canteen and the office and assisted with school masses. With Mr Mike Hansen's assistance there will be a retreat on the 5th August in the St Paul's chapel.

This is what a few of our YML have said about the group:

Tanatswa Year 8 student said 'the YML run by Ms Francois is a fantastic initiative. When I was nominated, I felt really touched and was excited about being able to help out in the college community. We strive to live in the way of Mary – loving people and being selfless. It has made me more conscious of others and given me more confidence to be a positive role model. Working in the canteen will help me in the future with my resume and job applications.'

Lauren White Year 8 said "Being in the Young Marist group is a privilege, knowing that someone nominated me and thought I would be a good candidate makes me feel pretty honoured. I love helping people. Being in the group helps to boost my confidence and it makes me feel good and proud of myself."

Kelsey Yr 8 said "People might wonder - what is this group about? It is about following in the footsteps of Mary, it is about helping out. Every Thursday Chloe and I help out at the canteen. Being in the group has also helped me out with speaking in front of people. Having this experience will also look great on our CV".

Chloe Yr 8 said "Helping others gives me confidence and opportunity to become a better person. I like helping in the canteen which helps the school community but is also fun. The YML provides lots of fantastic opportunities and everything that I do will help me in the future."

Our Youngest YML are Year 7s Georgia and Mikayla. "It is a thrilling experience, I want to get confidence to show my love of helping people. On Sunday I am going to the Youth Mass held at St Mary's church in Sale. I will wear my Lavalla uniform to represent our school and our YML group."

This term at St Paul's Campus with assistance from our Young Marist Leadership Group we have provided a copy of self help mental health resources to all students and staff. Last term Mrs McCormack and her team at Presentation Campus provided copies to their students and staff. Kildare Campus will distribute their copies within the next 2 weeks.

The Australian National University e-hub group delivers FREE mental health services directly to a high volume of users in the community. The e-hub web service provides accessible, evidence-based interventions that are particularly suited to people who prefer anonymous services, for use in school or workplace settings, and for use in rural and remote communities.

HEALTH AND WELLBEING FOR ADOLESCENTS

BLUEPAGES ([HTTP://WWW.BLUEPAGES.ANU.EDU.AU](http://www.bluepages.anu.edu.au))

This resource provides over 100 pages of up-to-date, evidence-based information about the symptoms, diagnosis, treatment and experience of depression. The site is designed to be easy to navigate and includes automated depression and anxiety screening tests.

MOODGYM ([HTTP://WWW.MOODGYM.ANU.EDU.AU](http://www.moodgym.anu.edu.au))

This is an automated self-help CBT program for depression with five modules and 29 exercises.

E-COUCH ([HTTP://WWW.ECOUCH.ANU.EDU.AU](http://www.ecouch.anu.edu.au))

This resource provides evidence-based information and automated self-help skills training for depression, generalised anxiety disorder and social anxiety disorder. BlueBoard (<http://www.blueboard.anu.edu.au>) is a moderated ISG for people who have experienced or cared for someone with depressive, bipolar or anxiety disorders.



Term two finished with two highly entertaining performances from the students involved in our music department.

Our Year Twelve Music students had a special soiree night that saw them perform pieces from their end of year solo recitals. All of these students will present a twenty five minute recital of solo works for an external examiner who is a specialist on their chosen instrument. This recital contributes 50% of their score for Music as a subject. The momentum for this has certainly started to build for these students. Their performance night was a wonderful launching pad for the hard work that their final semester brings.

We closed the semester with a special Jazz Ensemble concert. Both of our college Jazz Ensembles performed for a highly supportive audience made up of parents and friends. The real telling point of the special bond that exists between our musicians, in particular our jazz students was the huge number of former students who also came along to show their support. Members of our Senior Jazz Ensemble also performed solo pieces for the audience.

Our Senior Jazz Ensemble and Senior Wind Ensemble are just weeks away from representing our College at the Melbourne School Bands Festival. You will remember the extraordinary success that our Senior Jazz Ensemble had at this event last year as they won a coveted Gold Shield and further the Monash Award as the best performed ensemble in their section. As such, they were one of only five groups from the hundreds who entered who were invited back to perform at the closing Gala concert. Please keep our musicians in your thoughts as they enter this busy and rewarding period.

Soon after the Bands Festival our choirs will be performing at the Latrobe Valley Eisteddfod. The choral night is always a wonderful evening of entertainment. It is such a great celebration of school choirs across Gippsland. Our students always perform with distinction and this year promises to be no exception.



HOWARD & SCHUBACK PERPETUAL TROPHY - INTERSCHOOL CLAY TARGET SHOOT

For the fourth time in seven years the Lavalla Clay Target shooting team has claimed the Howard & Schuback Perpetual Trophy in the Inter-School meet at Longford.

Over 150 shooters from 11 schools across all of Gippsland participated at the event, which was staged over two rounds consisting of five stations with two targets per station.

After the first round Lavalla Team 1 was positioned in third place behind Gippsland Grammar and Yarram Secondary College. However, they produced a solid performance overall to come out on top with a score of 77 to edge out Gippsland Grammar on 76. Lavalla Team 2 came in third on 71 with Yarram Secondary College finishing in third on 70.

The individual competition was shot in four divisions: senior boys, senior girls, junior boys and junior girls. Lavalla's Team 1 member Jakota Rohde finished in first place of the senior boys division by producing 10 out of 10 during the first round before finishing with 19 out of 20.

An outstanding performance by Jakota, as well as the other 23 Lavalla members who participated at the event!!



Congratulations to our Award Recipients

Rachel Albanese	Merit	Rachael Bird	Merit	Matthew Masiero	Diligence
Jordan Bianconi	Merit	Sarah Bond	Merit	Conor McCafferty	Diligence
Jacob Brown	Merit	Zachary Booker	Merit	Chloe Morris	Diligence
Trae Creighton	Merit	Matt Boynes	Merit	Nicholas Oldis	Diligence
Annabelle Georgeson	Merit	Natalie Bransgrove	Merit	Payge O'Shea	Diligence
Jada Maaka	Merit	Stephanie Briffett	Merit	Jacob Politakis	Diligence
Joshua Marshall	Merit	Ruby Callaghan	Merit	Kelsey Van Iwaarden	Diligence
Brent Monacella	Merit	Chloe Frantz	Merit	Samuel Clavarino	Diligence
Bianca Monzon	Merit	Alanah French	Merit	Jacob Farmer	Diligence
Casey Sherriff	Merit	Domenic Germano	Merit	Thomas Irvine	Diligence
Sarah Shirreff	Merit	Sarah Hare	Merit	Constantinos Kavadias	Diligence
Brianna Stitt	Merit	Catherine Hector	Merit	Sophie Membrey	Diligence
Bailey Stone	Merit	Conor Murphy	Merit	Lily Nash	Diligence
Kelsea Timmers	Merit	Mikaela Ryan	Merit	Samuel Roberts	Diligence
Jeremy Wall	Merit	Jessica Trewin	Merit	Damon Bednarski	Diligence
Sarah Watson	Merit	Katrina Barrett	Merit	Macey Henderson	Diligence
Saskia Webster	Merit	Alexandra Beltrame	Merit	Apphia Ochilo	Diligence
Mitchell Bassi	Merit	Ashley Bransgrove	Merit	Cassandra Rek	Diligence
Jack Bird	Merit	Joanne Coleman	Merit	M Ruzive-Makura	Diligence
Laura Darling	Merit	Rachel Kearns	Merit	Stephanie Schena	Diligence
Paxton Farley	Merit	Jessica Lewis	Merit	Stephanie Spehar	Diligence
April Jozsa	Merit	Rhys McDonald	Merit	Lauren Wain	Diligence
Chloe McDonald	Merit	Kate Metlikovec	Merit	Penny Gay	Diligence
Maggie O'Keefe	Merit	Georgina Van Der Staay	Merit	Dylan Glasson	Diligence
Georgia Pollard	Merit	Cameron Brinsmead	Diligence	Monique Hustler	Diligence
Sophie Trewin	Merit	Taylah Da Ros	Diligence	Shaun Sammut	Diligence
Chloe Anderson	Merit	Bridgette Doepel	Diligence	Samuel Stoddart	Diligence
Tiffany Bennett	Merit	Nadine Frescura	Diligence	Tayla Trembath	Diligence
Chloe Bransgrove	Merit	Mersina Gelagotis	Diligence	Jessica Wall	Diligence
Taylah Bruce	Merit	Emily Grumley	Diligence	Ryan Ward	Diligence
Jordan Cunico	Merit	Reuben Laurins	Diligence	Jacinta Bogan	Diligence
Tod Domotor	Merit	Leo Ma	Diligence	Lina D'Alia	Diligence
Eden Farley	Merit	Samuel Oliver	Diligence	Billy Duncan	Diligence
Brendan Greaves	Merit	Jessica O'Toole	Diligence	Nathan Forester	Diligence
Kate Kesper	Merit	Bianca Pirota	Diligence	Emily Foulkes	Diligence
Corey Rogers	Merit	Jacinta Potter	Diligence	Gabrielle Henderson	Diligence
Lisa Tops	Merit	Erin Roberts	Diligence	Caitlin McCafferty	Diligence
Daniel Xuereb	Merit	Kirushallini Saravanan	Diligence	Letitia McGown	Diligence
Monika Zakic	Merit	Mikayla Sertori	Diligence	Sarah O'Dowd	Diligence
Sophie Barlow	Merit	Joshua Smith	Diligence	Toni Roberts	Diligence
Stephanie Castello	Merit	Lachlan Spiteri	Diligence	Claire Smith	Diligence
Tessa Crawford	Merit	Jordan Aquilina	Diligence	Robert Sutton	Diligence
Jessie Foster	Merit	Morgan Brinsmead	Diligence	Daniel Whitty	Diligence
Carlie Fullard	Merit	Brianna Callaghan	Diligence	Grace Darling	Excellence
Ella Hosken	Merit	Amelia Charlton	Diligence	Molly Irvine	Excellence
Emily Jeffrey	Merit	Taryn Clarke	Diligence	Teneille Hecker	Excellence
John Kuol	Merit	Liam Dwyer	Diligence	Mubtasim Murshed	Excellence
Mitchell McDonald	Merit	Emma Dye	Diligence	Leigh Jones	Excellence
Aimee White	Merit	Bethany Hourigan	Diligence	Erin Lawn	Excellence
Jake Ainsworth	Merit	Alina Huggins	Diligence	Kristina Psinas	Excellence
		Emily Mackin	Diligence	Justin Forlano	Excellence
				Erin Tatlow	Excellence